

BOLTON PUBLIC SCHOOLS

March 29, 2022

Dear Parents and Staff,

The Bolton Public Schools was notified that one staff member at BHS tested positive for Coronavirus (COVID-19). The affected individual has been instructed to isolate at home by the school nurse or the Eastern Highlands Health District staff.

Below is the list of COVID-19 symptoms for which everyone should monitor in their family members:

- Fever (100.4° Fahrenheit or higher) when taken by mouth
- Chills, muscle pain, body aches
- Shortness of breath
- Cough (or new uncontrolled cough that causes difficulty breathing for students with chronic allergies/asthma)
- Diarrhea, vomiting or abdominal pain
- Sore throat
- Congestion or runny nose
- New onset of severe headache, especially with fever
- Loss of taste or smell

For additional information on COVID-19 symptoms, please visit [CDC COVID Symptoms and Testing](#). Staff and students exhibiting any of the above symptoms, or feeling ill, should remain home and call their medical provider to report their symptoms and ask about testing prior to seeking in-person care at a clinic, physician's office, or hospital. The complete list of testing sites across the state can be found at <https://www.211ct.org/covidtesting>. Please note that users can filter to show locations that offer pediatric testing as well.

Stay safe and be well,

Kristin B. Heckt

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Superintendent of Schools